

# "JUNE SENIOR MOMENTS"

\*\*\*SENIOR CENTER HOURS 10:00AM-3:00PM\*\*\*

**MONDAYS** – Poker, Board Games, CHAIR YOGA – 1:15

**TUESDAYS** – Bridge, Mah Jongg, Board Games

**WEDNESDAYS** - *DANCERISE* with Kathy - 10:30

**CHESS PLAYING** – 10:30

**STAY STRONG AND FIT** Exercise Class – 1:00 & 2:00

AM and PM shopping to Stop and Shop & CVS

If interested call 834-8840 the day before or by 9:00 am on Wed.

If you come for the Nutrition Program you may go shopping after your meal.

**ADVANCED ART CLASS** – Senior members work in different mediums of art.

**THURSDAY**- TAI CHI Exercise Class, Poker, Bridge, Board Games

**FRIDAY** - Special Events and Movies, Board Games, Mah Jongg

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**\*\*NEW\*\* CHESS PLAYING** – Every Wednesday at 10:30am

**SAVE THE DATE!!!**

**THREE TRIPS GOING TO CITY ISLAND FOR LUNCH**

**\*\*NEW\*\* RESTAURANT "SEA SHORE RESTAURANT"**

**DATES: TUES. JUNE 11<sup>TH</sup>, MON. JUNE 24<sup>TH</sup> & FRI. JULY 12<sup>TH</sup>**

**\*\*\*JULY 31<sup>st</sup>- ON YOUR FEET- Westchester Dinner Theatre Trip**

**IF ANYONE INTERESTED IN PLAYING CANASTA**  
**– STOP BY THE OFFICE AND LET US KNOW!!!**

**JUNE 3 \*\*\*\*CHAIR YOGA (members only) 1:15 with Patty Schneider**

**JUNE 4 FREE SHOWING AT JACOB BURNS FILM CENTER**

TUESDAY, JUNE 4            MUST RSVP            \$2.00 for transportation    leaving 11:45  
**"STRANGERS IN GOOD COMPANY" 1:00pm**

**JUNE 5        STAY STRONG & FIT    Group A – 1:00        Group B at 2:00**  
**MEMBERS ONLY**

**JUNE 6                    ZUMBA GOLD with Laura at 1:30pm**  
**FREE for members        Non-members \$5.00**

**JUNE 7                    SPECIAL ENTERTAINMENT – 1:15pm**  
**The 4<sup>th</sup> Graders from Central school will be here to Provide entertainment with a variety of patriotic and summer songs – All Welcome!**

**JUNE 10                CHAIR YOGA (members only) 1:15 with Patty Schneider**

**JUNE 11    LUNCH TRIP TO CITY ISLAND at the SEA SHORE RESTAURANT**  
**\$37.00 includes special lunch, tip & bus                    Bus leaves 11:15am**  
**\*\*Please sign up for one luncheon date**

**JUNE 12        STAY STRONG & FIT    Group A – 1:00        Group B at 2:00**  
**MEMBERS ONLY**

**JUNE 14 ZUMBA GOLD with Laura at 1:30pm  
FREE for members Non-members \$5.00**

**JUNE 17 CHAIR YOGA (members only) 1:15 with Patty Schneider  
Blood Pressure - Nurse Kathy 12:30-1:00 in Office.  
Bring blood pressure card.**

**JUNE 18 MEDICARE MINUTE  
Our own Carolyn Gallaher is back to bring us the latest in Medicare News 12:30PM  
Activities suspended during presentation and attendance required of all members**

**JUNE 19 STAY STRONG & FIT Group A – 1:00 Group B at 2:00  
MEMBERS ONLY**

**JUNE 21 FIRST DAY OF SUMMER LUNCHEON AND KARAOKE  
Let's Sing in Summer with a Special Luncheon and Live Karaoke  
Donnie and Maria will be here to entertain us with their Karaoke Machine  
Don't Miss this Special Day!! MUST RSVP - \$4.00**

**JUNE 24 LUNCH TRIP TO CITY ISLAND at the SEA SHORE RESTAURANT  
\$37.00 includes special lunch, tip & bus Bus leaves 11:15am  
\*\*Please sign up for one luncheon date**

**JUNE 25 SAXON WOODS POOL PARTY 10:00 - 2:30 \$5.00 WITH BUS  
(MUST RSVP BY JUNE 14<sup>TH</sup>) – rain date June 26th**

**JUNE 26 STAY STRONG & FIT Group A – 1:00 Group B at 2:00  
MEMBERS ONLY**

**JUNE 28 PIZZA LUNCH/BIRTHDAY/BINGO  
Free Bingo Board for JUNE Birthdays  
RSVP for PIZZA LUNCH -\$3.00 (Pizza and Salad) Bingo Boards – \$1.00**

**JULY 1 CHAIR YOGA (members only) 1:15 with Patty Schneider**

**JULY 3 STAY STRONG & FIT Group A – 1:00 Group B at 2:00  
MEMBERS ONLY**

**JULY 4<sup>TH</sup> and 5<sup>TH</sup> - SENIOR CENTER CLOSED FOR 4<sup>TH</sup> OF JULY WEEKEND**

**OUR THANKS AND APPRECIATION TO:**

***Larchmont Garden Club* – for the Beautiful Plantings in the Front of the Center**

***Dave Berman* – For Providing a WONDERFUL Sing-A-Long Afternoon**

***Eleanor Santoro* – For the delicious “Home- Made” Pizzelles**

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**SING –A-LONG with Dave Berman - Thank You Dave!!!!**

